



Pomeranian Medical University in Szczecin

SYLLABUS of the MODULE (MEDICAL PSYCHOLOGY)

valid from the academic year 2017/2018

General Information

Module title	<i>Medical psychology</i>
Module type	<i>Obligatory</i>
Faculty	<i>Faculty of Medicine</i>
Field of study	<i>Medicine</i>
Major	<i>Not applicable</i>
Level of study	<i>long-cycle (S2J)</i>
Mode of study	<i>intramural</i>
Year of studies, semester	<i>Year III, semester V</i>
ECTS credits (incl. semester breakdown)	<i>2</i>
Type/s of training	<i>seminars (10h)/ practical(20h)</i>
Form of assessment	<p>- <i>graded assessment: *</i></p> <p><input type="checkbox"/> <i>descriptive</i></p> <p><input type="checkbox"/> <i>test</i></p> <p><input type="checkbox"/> <i>practical</i></p> <p><input type="checkbox"/> <i>oral</i></p> <p><i>X non-graded assessment *</i></p> <p>- <i>final examination: *</i></p> <p><input type="checkbox"/> <i>descriptive</i></p> <p><i>test</i></p> <p><input type="checkbox"/> <i>practical</i></p> <p><input type="checkbox"/> <i>oral</i></p>
Head of the Department/ Clinic, Unit	<i>prof. dr hab. Jerzy Samochowiec</i>
Tutor responsible for the module	<i>dr n. med. Monika Mak</i> <i>monika.mak@gmail.com</i>
Department's/ Clinic's/ Unit's website	<i>www.pum.edu.pl</i>
Language	<i>English</i>

*replace ☐ with X where applicable

Detailed information

Module objectives		<i>The aim of this course is to acquaint students with the definitions and various schools of psychotherapy, psychological counselling. The next aim is to familiarize students with core problems associated with interpersonal communication, including the appropriate communication with co-workers, errors and misunderstandings in communication with the patient and his relatives. This course will focus on how to work with different groups of patients, how to cope with aggression in the field of health care service and how to prevent burnout syndrome. Another aim of this subject is to acquaint students with basis of clinical psychology, elements of psychopathology and mechanisms of disorders.</i>	
Prerequisite /essential requirements	Knowledge	<i>Basic knowledge of general psychology and personality.</i>	
	Skills	<i>Communication skills and critical thinking. Active listening skills.</i>	
	Competences	<i>Group working skills. Personal culture.</i>	
Description of the learning outcomes for the subject /module			
No. of learning outcome	Student, who has passed the (subject) knows /is able to /can:	SYMBOL (referring the standards) ZEK	Method of verification of learning outcomes *
W01	knows basic psychological mechanisms of healthy and sick human beings	D.W7.	O
W02	knows problems concerning adaptation to illness as a difficult situation, phases of adaptation to threatening events, passing away and mourning	D.W9.	O
W03	knows the role of stress in etiopathogenesis and course of disease, recognizes the mechanisms and ways to cope with these	D.W10.	O
U01	develops trust during entire therapy	D.U4.	O
U02	interviews adult patients, children and family applying techniques of active listening and expressing empathy and talks with patients about their living standards and situation	D.U5.	O
U03	informs patients about objectives, course and possible risks with regard to proposed diagnosis or therapeutic procedure and secures their informed consent	D.U6.	O
U04	gives patients and their family information on unfavorable prognosis	D.U7.	O
U05	gives advice on following therapeutic recommendations and health-oriented life style	D.U8.	O

U06	identifies violation risk factors, recognizes violence and responds appropriately	D.U9.	O
U07	applies basic psychological motivation and support strategies	D.U10.	O
K01	accepts the need for standards of conduct	K.1.	O
K02	co-operates with team members; can co-operate within a group and take different roles	K.4.	O

No.	SYMBOL (referring the standards) ZEK	Type/s of training							
		Lecture	Seminar	Practical classes	Clinical classes	Other...
W01	D.W7.	X							
W02	D.W9.	X		X					
W03	D.W10.	X		X					
U01	D.U4.			X					
U02	D.U5.		X	X					
U03	D.U6.			X					
U04	D.U7.			X					
U05	D.U8.			X					
U06	D.U9.			X					
U07	D.U10.	X		X					
K01	K.1.		X	X					
K02	K.4.		X	X					

Module (subject) contents no.	Description of teaching programme	No. of hours	References to learning outcomes
	Lectures and seminars:		
TK01	What does it mean – psychology?	2	W01
TK02	An introduction to clinical psychology.	2	W01W03
TK03	Psychological help	2	W01W02U07
TK04	The basics of psychopathology.	4	U02 K01K02
	Practical classes:		
TK05	Stress and its consequences	5	W03U05U07K01K02
TK06	Developmental psychopathology with elements of child and adolescent psychiatry.	5	W02U01U02U03U04U06 K01K02
TK07	Difficult informations, unfavorable prognosis, palliative care	5	W02U02U03U04K01K02

TK08	Clinical neuropsychology with elements of neuropsychological rehabilitation.	5	U02U07K01K02
Booklist			
Obligatory literature:			
1. Foundations of Clinical and Counseling Psychology by Judith Todd and Arthur C. Bohart 2005			
2. Abnormal Psychology and Modern Life, Carson R. C., Butcher J. N., Mineka S., 2009			
3. Diagnostic and Statistical Manual of Mental Disorders (DSM-5) by American Psychiatric Association			
Student's workload (balance sheet of ECTS credits)			
Form of student's activity (in-class participation; activeness, produce a report, etc.)	Student's workload [h]		
	Tutor	Student	Average
Contact hours with the tutor	30		
Time spent on preparation to seminars/ practical classess	5		
Time spent on reading recommended literature	5		
Time spent on writing report/making project			
Time spent on preparing to colloquium/ entry test			
Time spent on preparing to exam	10		
Other			
Student's workload in total	30		
ECTS credits for the subject (in total)	2		
Remarks			

* Selected examples of methods of assessment:

EP – written examination

EU – oral examination

ET – test examination

EPR – practical examination

K – colloquium

R – report

S – practical skills assessment

RZC – practical classes report, incl. discussion on results

O – student's active participation and attitude assessment

SL – lab report

SP – case study

PS - assessment of student's ability to work independently

W – entry test

PM – multimedial presentation

other